

# Young at Heart Club Summer Term

<sup>th</sup>  
11 April Jazz Afternoon with Jonathon Stevens-Grand National Sweep

<sup>th</sup>  
18 April Chair Yoga with Pauline-Prize Bingo

<sup>th</sup>  
25 April Tai Chi

<sup>nd</sup>  
2 May Kew Gardens

<sup>th</sup>  
9 May Zumba with Maggie

<sup>th</sup>  
16 May Making Hanging baskets with James and Paula

<sup>rd</sup>  
23 May Cucumber Sandwiches and a chance to mingle with Royalty

<sup>th</sup>  
30 May Jive Afternoon with guests from the Cathedral Club

<sup>th</sup>  
6 June Quiz Afternoon-Prize Bingo

<sup>th</sup>  
13 June MOT Health Check with Eileen-Cash Bingo

<sup>th</sup>  
20 June Indian Head and Hand massage (TBC)

<sup>th</sup>  
27 June Trip to Lavender Gardens at Carshalton

<sup>th</sup>  
4 July American Independence Day Party-Meet the President

<sup>th</sup>  
11 July Local Schools concert

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13 20 July Lourdes Pilgrimage</sup>

<sup>th</sup>  
18 July Day Trip to Clacton on Sea

<sup>th</sup>  
25 July Strawberry and Champagne Afternoon with Entertainment

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## Closed for August

### Day Trips during August

<sup>st</sup>  
Wednesday 1 August Brighton (10 people)

<sup>th</sup>  
Wednesday 8 August Southend on Sea (10 people)

<sup>th</sup>  
Wednesday 15 August Aylesford-The Feast of the Assumption of Mary (10 people)

<sup>nd</sup>  
Wednesday 22 August Oxford (10 people)

<sup>th</sup>  
Wednesday 29 August Richmond (10 people)

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<sup>th</sup>  
5 September Grand Re-Opening

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October-Club Holiday to **Malta** 7 nights